

# AFTER CARE FOR TRILIFT

## FIRST DAY

- » Don't wash your face or shower till this evening. (6 hours after treatment)
- » You can buy and apply the hyaluronic acid serum that we provide for you.
- » Please sanitize your ice pack and wash your hands before applying product within the first 12 hours.
- » Can take antihistamines such as Claritin, Zyrtec, Benadryl if the face is hivey.

## FIRST WEEK

- » Please hold off on all your skin care products that have AHA, BHA, vitamin C, retinol.
- » Please use the skin care we provide.
- » Gentle Cleanser.
- » Moisturizer without irritants
- » **SUNSCREEN SUNSCREEN SUNSCREEN**

## FIRST WEEK

- » Can resume your skin care routine
- » TriLift should be done as a series of 3-5 with at least 1 month in between treatments. So it can be spread out throughout the year.
- » If there are little red bumps, you can take doxycycline 50mg daily after dinner.
- » If there are hives or itching, you can take zyrtec 10mg daily.

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## AFTER WEEK 1

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